

Week 4

BAME Dinner **Monday 05.02.2024**

(V) Cracked bulgur wheat, goats' cheese, pomegranate and beetroot salad with toasted seeds, maple and chilli flake dressing
(Gluten-Wheat, Milk)

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Halal beef and winter vegetable stew
Mash potato, mustard dumpling and broccoli
(Mustard, Gluten-Wheat, Sulphites)

(V) Mixed bean and winter vegetable stew
Mash potato, mustard dumpling and broccoli
(Mustard, Gluten-Wheat, Sulphites)

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Steamed treacle sponge
Vanilla ice cream and custard
(Gluten-Wheat, Eggs, Milk, Sulphites)

Week 4

Formal Hall Tuesday 06.02.2024

Soy glazed chalk stream trout
Asian slaw and toasted sesame dressing
(Fish, Soya, Gluten-Wheat, Sesame)

(V) Soy glazed smoked tofu
Asian slaw and toasted sesame dressing
(Soya, Gluten-Wheat, Sesame)

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Char-grilled pork steak with roasted apple sauce
Winter greens and new potatoes with parsley
(Allergen free)

(V) Char-grilled pepper and cheddar cheese tart
Winter greens and new potatoes with parsley
(Eggs, Milk, Gluten-Wheat)

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Classic crème brûlée
Vanilla shortbread
(Eggs, Milk, Gluten-Wheat)

Week 4

BA Dinner Friday 09.02.2024

Pickled mackerel
Beetroot, shallots and watercress
(Fish, Sulphites)

(V) Portobello mushroom with pearl barley
Preserved lemon and micro basil
(Gluten-Barley)

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Harissa-marinated chicken fillet with sumac, za'atar and lemon
Couscous, roasted aubergines and peppers
(Gluten-Wheat, Sesame)

(V) Chickpea and spinach with maple sweet potato
Couscous, roasted aubergines and peppers
(Gluten-Wheat)

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Raspberry and vanilla cheesecake
Orange and mint salad
(Gluten-Wheat, Oat, Eggs, Milk)

Week 4

Formal Hall Sunday 11.02.2024

Spring onion and smoked haddock fishcake

Parsley sauce

(Gluten-Wheat, Eggs, Fish, Milk)

Spring onion, quinoa and bean cake

Parsley sauce

(Gluten-Wheat, Eggs, Milk)

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Thyme, garlic and lemon roasted chicken

Mash potato, roasted carrots and broccoli

(Allergen free)

(V) Lentil and vegetable stew

Mash potato and broccoli

(Allergen free)

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Steamed chocolate and cherry sponge

Vanilla custard

(Gluten-Wheat, Eggs, Soya, Milk)