

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
STUDENT SPECIAL MAIN MEAL WITH TWO PRE-SET SIDES INCLUDED	VEGETABLE BURRITO, SPICED POTATO WEDGES AND BROCCOLI	ROASTED SWEET POTATO GNOCCHI, GARLIC BAGUETTE AND PESTO CAULIFLOWER	CAJUN CHICKEN BURGER, CHIPS AND CORN ON THE COB	ASIAN STYLE PORK STEW, RICE, MANGETOUT AND GREEN BEANS	PANEER CURRY, RICE AND POPPADUM	B R U N C H	
ALTERNATIVE DISH	CHILLI SIN CARNE WITH GUACAMOLE	FISH CAKE WITH SPICY COCONUT SAUCE	STILTON AND CAMELIZED ONION QUICHE	PITTA WITH FALAFEL, SLAW AND GARLIC AIOLI	PEA, LEEK AND HERB RISOTTO		
ALLERGEN FRIENDLY DISH	MUSHROOM STROGANOFF	BAKED COURGETTE ALFREDO WITH VEGAN PARMESAN CRUST	MELANZANA DI PARMIGIANA	WINTER VEGETABLE AND BEAN RATATOUILLE	GLUTEN-FREE BATTERED FISH WITH LEMON		
STUDENT SPECIAL MAIN MEAL WITH TWO PRE-SET SIDES INCLUDED	VEGETABLE BURRITO, SPICED POTATO WEDGES AND BROCCOLI	ROASTED SWEET POTATO GNOCCHI, GARLIC BAGUETTE AND PESTO CAULIFLOWER	CAJUN CHICKEN BURGER, CHIPS AND CORN ON THE COB	ASIAN STYLE PORK STEW, RICE, MANGETOUT AND GREEN BEANS	PANEER CURRY, RICE AND POPPADUM	CAJUN CHICKEN BURGER	ROASTED TOPSIDE OF BEEF WITH YORKSHIRE PUDDING
ALTERNATIVE DISH	COURGETTE AND GARLIC PASTA BAKE	CHICKEN GOUJONS WITH WARM CAESAR SALAD AND GARLIC MAYO SAUCE	LENTIL CURRY	SQUASH WITH QUORN STEW	CHICKEN PIRI-PIRI	HALLOUMI KEBAB WITH COUSCOUS AND TZATZIKI	PEARL BARLEY CASSEROLE
ALLERGEN FRIENDLY DISH	RED THAI VEGETABLE CURRY	ROASTED VEGETABLE STEW	SWEET POTATO TAGINE	POTATO AND VEGAN FETA CAKES	GRILLED POLENTA WITH SPICY TOMATO SALSA	CORN TOSTADA WITH AVOCADO SALSA AND VEGAN CREAM	CHICKPEA AND COCONUT CURRY
PUDDING	MAPLE STEAMED PUDDING	COFFEE CAKE WITH CHOCOLATE SAUCE	RICE PUDDING WITH SPICED APPLE COMPOTE	ORANGE POLENTA CAKE WITH CITRUS SAUCE	BANOFFEE BREAD AND BUTTER PUDDING	CHOCOLATE RASPBERRY BROWNIE	APPLE AND DATE CAKE WITH BUTTERSCOTCH SAUCE
SIDES	-CHIPS -CORN ON THE COB -STEAMED RICE -GREEN BEANS -CRUSHED NEW POTATOES	-CHIPS -QUINOA -BROCCOLI -PESTO CAULIFLOWER -CUMIN RICE	-CHIPS -ROASTED NEW POTATOES -CORIANDER RICE -BRAISED RED CABBAGE -SAUTÉED PEPPERS	-CHIPS -SPICED POTATO WEDGES -GREEN BEANS AND MANGETOUT -STEAMED CARROTS -RICE	-CHIPS -RICE -BBQ BEANS -MUSHY PEAS /ROASTED VEGETABLES -SAUTÉED COURGETTES	-CHIPS -STEAMED RICE -FIVE SPICE SAUTÉED POTATOES -CHILI AND GARLIC PAK CHOI -STIR-FRIED VEGETABLES	-CHIPS -ROASTED POTATOES -STEAM QUINOA -HERBY CRUSHED SWEDE -PEAS

ALLERGEN FRIENDLY DISH