| WeEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| STUDENT SPECIAL <br> MAIN MEAL WITH TWO PRE-SET SIDES INCLUDED | Potato pancake with GUACAMOLE AND SALSA, Refried beans and corn ON THE COB | StEAMED HADDOCK WITH GRILLED baby Gem and PARSLEY OIL, GRILLED PEPPERS AND MASH POTATO | Classic beef lasagne, GARLIC BREAD AND SAUTÉED SPINACH | Confit chicken, FOCACCIA AND colestaw | Dhal Makhari, bROCCOLI AND fried onion rice |  |  |
| ALTERNATIVE DISH | PuY Lentil and VEGETABLE LOAF WITH MOZZARELLA,AND ROASTED TOMATO AND BASIL SAUCE | Blue cheese and ROASTED COURGETTE FRITTATA | TEMPEH GOUJONS WITH CHARRED BROCCOLI AND HOISIN SAUCE | Halloumi fries with CRUNCHY SALAD | tomato And mozzarella TOASTIE |  |  |
| ALLERGEN <br> FRIENDLY <br> DISH | Chicken with roasted PEPPERS AND ONION | Pea and spinach RISOTto | QUINOA AND VEGAN FETA BALLS WITH RED PEPPER SAUCE | Gluten-free Arancini WITH SPINACH AND PEAS | Gluten-free <br> BATTERED FISH WITH LEMON |  |  |
| STUDENT SPECIAL <br> MAIN MEAL WITH TWO PRE-SET SIDES INCLUDED | Potato pancake with GUACAMOLE AND SALSA, Refried beans and corn on the cob | StEAMED HADDOCK WITH GRILLED BABY GEM AND PARSLEY OIL, GRILLED PEPPERS AND MASH POTATO | Classic beef lasagne, GARLIC bread and SAUTÉED SPINACH | Confit chicken, FOCACCIA AND coleslaw | Dhal Makhari, bROCCOLI AND fried onion rice | Wild mushroom, SPINACH, VEGAN CHEESE AND PINE KERNEL Wellington | BBO RIBS |
| ALTERNATIVE DISH | Parmigiana | Mixed and black bean QUESADILLA WITH PICO DE GALLO | Celeriac steak with BBO GLAZE, ROASTED PEPPERS AND bLUE CHEESE CRUMBLE | Portobello MUSHROOM BURGER WITH GOAT CHEESE, ONION CHUTNEY AND ROCKET | CRISPY fried beef with PEPPERS AND REFRIED BEANS | SPANAKOPITA | Halloumi and bean BURRITO |
| ALLERGEN <br> FRIENDLY <br> DISH | RED LENTIL CURRY | STIR-FRY RICE NOODLES WITH TURMERIC BATTERED CAULIFLOWER | CHICKPEA STUFFED COURGETTE WITH SPICY TOMATO SAUCE | VEGGIE CHILI NACHOS | Vegetable fritters WITH COCONUT AND CUMIN YOGHURT | Roasted lamb with Mediterranean veg | Vegan sausage roll WITH TOMATO CHUTNEY |
| PUDDING | Apple tarte Tatin with salted caramel sauce | Peach and custard crumble | Banana and Chocolate bread with CARAMEL SAUCE | Rhubarb cake with WHITE CHOCOLATE SAUCE | Coconut cake with chocolate sauce | Pear and chocolate CAKE WITH CINNAMON SAUCE | Cinnamon roll |
| SIDES | -CHIPS <br> -Corn on the cob -Garlic Green beans -Steamed rice -Parsley new potatoes | -CHIPS <br> -Roasted courgette <br> -Paprika potato WEDGES <br> -Grilled Peppers <br> -Warm quinoa salad | -CHIPS <br> -Maple GLazed Carrots -RoAst sweet potato -Steamed broccoli -Crispy polenta bites | -CHIPS <br> -Green beans -Roasted turmeric CAULIFLOWER -Sticky rice -Mash potato | -CHIPS <br> -Mushy PEAS/BOK CHOI -Broccoli <br> -Spicy sweet potato -Fried onion rice | -CHIPS -QUINOA -NEW POTATOES -GRILLED PEPPERS -MANGETOUT WITH LEEKS | -CHIPS <br> -PAPRIKA WEDGES -Green beans <br> -Glazed carrots -Spiced Chickpeas WITH PEPPERS |

